

Bundeltackblok

BUNDELTAKBLOK

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1. Oorzaken

mechanismen:

- blokkade thv de intraventriculaire bundels
 - links: LBBB: vertraagde depolarisatie linker ventrikel. Linker bundeltak splitst in 2 fascikels. Anterieur: LAF (linker anterieure fascikel) en posterieur: LPF (linker posterieure fascikel)
 - rechts: RBBB: vertraagde repolarisatie rechter ventrikel
 - Bifasciculair blok: RBBB + LAF of LPF
- onvolledig of volledig?
 - onvolledig: vertraagde depolarisatie. QRS complex ≥ 100 ms (2,5 vakjes) maar minder dan 120 ms (< 3 kleine vakjes)
 - volledig: 1 bundel is volledig disfunctioneel. Er is een tragere conductie via de spieren zelf. QRS > 120 ms (> 3 kleine vlakjes)

oorzakelijke aandoeningen:

- cardiaal:
 - AMI
 - cardiomyopathie
 - ouderdomsfibrose van de Purkinjevezels
 - kleplijden
 - atrium-septumdefect
 - na hartchirurgie
 - Brugada Syndroom (RBBB als oorzaak van plotse dood bij gezonde patn)
- medicatie
 - Betablokkers
 - calciumantagonisten
 - TCA's

- anti arrhythmica (type 1a en 1c)
- Digitalis
- Hypertensie
- soms oefening-geïnduceerd
- Ziekte van Chaga (vooral Centraal Amerika en Zuid Amerika)

2. Kliniek

Dit varieert van asymptomatisch tot syncopaal (op ventrikeltachycardie) en thoracale pijn.

3. Diagnostiek

- lichamelijk onderzoek

- RBBB: S2 splitsing, ook tijdens expiratie
- LBBB: paradoxale S2 splitsing

- EKG

- volledig bundeltakblok (QRS > 120 ms = 3 vakjes)
 - RBBB: QRS-complex in rechter afleidingen (V1 of V2) heeft 90% een M-vorm (rsR', rsr', rSR') en 10% een notched R. In de linkerafleidingen (V5 en V6) is de S-golf breed en diep. Bij het Brugada-syndroom zie je een combinatie van RBBB en ST-elevatie in V1, V2 en V3
 - LBBB: QRS complex in de rechter afleidingen (V1-V2) is de q klein of afwezig en de R=klein. De S domineert het complex (is diep, breed, scherp en heeft geen notch) In de linkerafleidingen (V5, V6, aVL en I) is het complex monofasisch, dwz geen q of s, alleen R als brede onregelmatige R-golf en meestal notched.
 - OPGELET!: zodra LBBB kan je niets meer zeggen over ischaemie op ECG
- onvolledige bundeltakblok (QRS \geq 100ms maar < 120 ms)
 - RBBB en LBBB hebben zelfde vormen QRS als bij volledig blok.
 - fasciculair blok

- LAF blok: QRS is wel verlengd maar < 120 ms (< 3 kleine vakjes).
Er is een asdeviatie tussen -45° en -90° . De S is diep in II, III en aVF.
Er is een qR in I en aVL

- LPF blok: QRS isd wel verlengd maar < 120 ms (< 3 kleine vakjes)
Er is een asdeviatie van $\geq 120^\circ$. Er is een RS in I en aVL en een qR
in II, III en aVF

- LABO: elektrolyten (K⁺) en hartenzymen (ischaemie)

- RX-thorax

- electrofysiologisch onderzoek bij onverklaarde syncope

Eerste opvang

- standaard opvang

- ischaemie

- syncope

- dyspnee

- transcutane pacing

- indien bifasciculair blok of symptomatische 2e en 3e graads blok

Spoeddienst

- indien asymptomatisch: geen behandeling

- bij nieuwe LBTB: dit is steeds suggestief voor AMI. Overweeg thrombolyse

- transveneuze pacemaker zo nodig

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